



# CANFORD HEATH INFANT and JUNIOR SCHOOLS

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TEACH Trust Poole

Trust Excellence Aspiration Collaboration Honesty



Article 29: Education should develop each child's personality and talents to the full

Wednesday 3<sup>rd</sup> January 2024

Dear Parents/Carers,

## TrickBox – Canford Heath Infant School and Canford Heath Junior School Parent and Carer information session

**When: Tuesday 16<sup>th</sup> January 2024 at 2.30pm – 3.00pm**

**Where: Canford Heath Infant School**

We wrote to you last term to introduce the TrickBox scheme and how this research-based programme is implemented in our TEACH Trust schools. Through their PSHE lessons and TrickBox 'Happy Habits' assemblies, the children have already begun to learn a range of strategies, or 'tricks', to develop their confidence, emotional regulation techniques, positive communication skills and creative problem-solving skills. This is all part of a wider personal development curriculum that aims to promote and support positive mental health and emotional wellbeing in all our children.

The Inclusion team from Canford Heath Infant School and Canford Heath Junior School are delighted to be able to offer both infant school and junior school parents and carers the opportunity to come to Canford Heath Infant School and learn all about the TrickBox programme. We will share with you, the strategies, or 'tricks' in the TrickBox series, so that you have a better understanding of what we are teaching the children in school, so better enabling you to support your children at home.

Our children will also explain what they have learned so far in their PSHE lessons and share with you their favourite 'tricks' so far. We understand how important it is to increase our understanding and awareness of common mental health issues, and through this programme we aim to develop resilience amongst children, raise awareness of what support is available and teach effective strategies to cope with challenges.



If you would like to attend the TrickBox information session, then please come to Canford Heath Infant School at 2.30pm on Tuesday 16<sup>th</sup> January, where you will be welcomed by the Inclusion team.

Refreshments will be available and there will be an opportunity for questions and discussion. We look forward to seeing you at the session.

Yours faithfully

Mrs Short  
Inclusion Lead/SENCO



Canford Heath Infant School

Canford Heath Junior School



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