



Bikeability Training Parent/Carer Booking Information for Y6

Dear Parent / Carer,

Your child's year group at Canford Heath Junior School will be taking part in Free Bikeability Cycle training provided by BCP Council from 20th October 2025 to 24th October 2025 and then to be continued after half term, week commencing 3rd November 2025 to 7th November 2025.

Children will only participate during selected days during these periods and all Bikeability cycle training will take place during the school day.

Bikeability has replaced Cycling Proficiency as the government's national cycle training programme. It is funded by the Department for Transport and is delivered by trained, DBS-checked Bikeability instructors.

Bikeability trains riders to make independent decisions and practice safe and responsible cycling. It is offered at different levels to support your child's increasing skills and confidence. Riders must demonstrate all assessment criteria for each level independently before they progress on to the next Bikeability level. Your child's instructor will work with the school to advise you when your child is ready for the next level. These levels are: -

- **Learn to Ride** – develops basic skills in riding a pedal bike **without stabilisers**.
- **Playground Bike Skills (Level 1)** - develops cycle handling skills before riding on the road.
- **Residential Road Training (Level 2)** develops skills for cycling on single-lane roads with simple junctions and moderate traffic.
- **Advanced Cycle Training (Level 3)** - develops skills for cycling on busy, complex roads and junctions.

To book your child on their school Bikeability course please go to:-



Or visit the following link:-

URL: <https://consent.bikeability.org.uk/van-ban-ward>

This booking process will also allow you to book a bike / helmet for your child if required.