



CANFORD HEATH INFANT and JUNIOR SCHOOLS

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TEACH Trust Poole

Trust Excellence Aspiration Collaboration Honesty

Article 29: Children have the right to develop their personality and talents to the full.

28th November 2025

Dear Parents and Carers,

We're excited to introduce a new way to support children's mental health and well-being at school - a priority for us as we help every child grow, learn, and thrive.

Alongside our Pastoral Care Worker, Emotional Literacy Support Assistant, and our much-loved school dog, Teddy, we've built a curriculum that promotes healthy lifestyles and positive thinking through Triibox and PSHE. Now, we're adding something new: Stormbreak.

Stormbreak is a nationally recognised programme that helps children feel confident, resilient, and active through short, fun movement sessions and meaningful conversations. Our staff have been trained in Stormbreak strategies, and children are already loving the sessions! Each class works towards certificates, making it motivating and rewarding.

Feedback from children and staff has been fantastic, and we're excited to see the benefits grow. You can find out more - and even try some activities at home - by visiting [home I stormbreak CIO](#)
Thank you for supporting us in making well-being a central part of school life.

Yours faithfully,

Mark Wilson
Head Teacher

