



# CANFORD HEATH INFANT and JUNIOR SCHOOLS

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TEACH Trust Poole

Trust Excellence Aspiration Collaboration Honesty



Article 17: Children have the right to reliable information from different sources

Monday 13<sup>th</sup> April 2026

Dear Parents and Carers,

## Sex and Relationship Education- Parent information evening

This school year, we have been implementing our RSHE (Relationships, Sex and Health Education) Programme across our schools. The lessons since September have built children's emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world in a positive and healthy way.

The Summer Term units are about 'Relationships' and 'Changes'. The 'Changes' unit includes, in every year group, two or three lessons to help children understand the changes puberty brings and how human reproduction happens. There is a very serious safeguarding aspect to this work; obviously, the younger year groups are not looking at these issues directly and explicitly, but rather learning correct terminology for body parts and doing the foundation work for learning that will follow in later year groups. Year 5 and 6 lessons look more fully at puberty and reproduction with years 3 and 4 doing the lead up work to this.

In order for you to be fully aware of what we teach and the vocabulary that will be used during lessons, we warmly invite you to attend a short session at school in which we will give you a transparent and comprehensive picture of what we are planning to teach in your child's year group. This meeting will be in your child's year group on **Monday 18<sup>th</sup> May 2026**. Attendance at this meeting may help you to pre-empt any questions your child may have after the lessons and aid further discussions at home. **Year 3 and 4 meetings will commence at 3.25pm** and the **Year 5 and 6 meetings will commence at 3.40pm**. There will also be a room open in year 4 at 3.25pm and year 5 at 3.40pm for the duration of the meetings so that you can view the material without your child being present.

We hope you will be in agreement with us that this work is vitally important for children, that it needs to be done age-appropriately and that our lessons enable us to do this. Please note, the lessons with sex education content may be taught across the school during the weeks beginning Monday 1<sup>st</sup> June 2026, Monday 8<sup>th</sup> June 2026 and Monday 15<sup>th</sup> June 2026.

We do, as always, want to work in partnership with parents and carers, and also wish to remind you of your right to withdraw your children from this aspect of the PSHE curriculum. If you wish to do so, please write a letter to your child's teacher by **Friday 22<sup>nd</sup> May 2026**. Due to the importance, we place on this aspect of learning, a member of the school team may arrange a further meeting or phone call with you to discuss your decision to withdraw. If you have withdrawn your child, they will be sent to another class during these sessions.

We hope, like us, you will see the materials we use as educationally sound and beneficial to our children and nothing to be fearful or anxious about. We look forward to sharing them with you and answering any questions you may have.

Yours faithfully

*J. Gibbins*      *R.F. COOKE*

Mrs Jen Gibbins/ Mrs Rachel Cooke  
PSHE lead