



CANFORD HEATH INFANT and JUNIOR SCHOOLS

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TEACH Trust Poole

Trust Excellence Aspiration Collaboration Honesty

Article 29: Children have the right to develop their personality and talents to the full.

5th January 2023

Dear Parents/Carers,

Well-being Day 2023

As part of our PSHE (personal, social, health education) curriculum, we encourage children to learn about how to look after their well-being and why taking care of yourself and others well-being is important. On **Thursday 19th January**, we will be holding a well-being day at school.

To make the day special, we have asked for a delicious hot meal to be provided free to all of the children, so that they can enjoy a special lunch in the school hall with their friends. The meal is a hot dog (veggie dog if your child is vegetarian) with diced potatoes and baked beans. For desert there will be a mini cookie.

If you would rather your child did not have a free hot meal, please send them in with a packed lunch, which they can eat in the hall as part of the well-being day. If your child would like the hot meal but has any specific dietary needs which we are not already aware of, please contact the office **by Monday 9th January** so we can ensure that the meal they receive fits their needs. Please note that if you have already ordered and paid for a meal for this day, the hot meal provider (Forerunner) will add a credit to your account.

We are looking forward to a wonderful well-being day.

Yours faithfully

Mr Mark Wilson
Head Teacher



Canford Heath Infant School Canford Heath Junior School



[canford_heath_infant_school](https://www.instagram.com/canford_heath_infant_school) [canford_heath_junior_school](https://www.instagram.com/canford_heath_junior_school)

