

The School Nursing Team can help parents with healthy eating, weight management, day/night time wetting, toileting, sleep, hearing, behaviour, emotional health, wellbeing and more via their text services. Please see below for more information:

'ParentLine 5-19' for children aged from 5 to 19

Monday to Friday 9am-4pm during term times, excluding bank holidays and school holidays.
Text query to 07312 263131.

More information on 'ParentLine 5-19' can be found on the School Nursing Web page:
www.dorsethealthcare.nhs.uk/school-nursing/parentline

'ChatHealth 11-19'

Young people aged 11-19 can also seek advice for themselves from a School Nurse via the 'ChatHealth 11-19' text messaging service by texting their query to **07480635511**. 'ChatHealth 11-19' runs from Monday to Friday from 08:30am until 4:30pm, excluding bank holidays and school holidays.

More information on 'ChatHealth 11-19' can be found on the School Nursing Web page:
www.dorsethealthcare.nhs.uk/school-nursing/chathealth

Social Media

Find them on Facebook – Dorset HealthCare School Nursing Team
www.facebook.com/profile.php?id=100089483889236

Find them on Instagram – dorsethealthcare_schoolnursing
www.instagram.com/dorsethealthcare_schoolnursing/