



Autumn Term Menu



WEEK ONE

Choose from either...

Served with

- Monday**
- M Sausage Roll* DE
 - V Vegan Sausage Roll DE
 - JP Cheese GE

- Crispy Diced Potatoes GDE
- Baked Beans
- Dessert**
- Vanilla & Chocolate Mousse GE

Choose from either...

Served with

- Tuesday**
- M Breaded Chicken Fillet DE
 - V Three Bean Casserole GDE
 - JP Baked Beans GDE

- Wedges GDE
- Mixed Veg
- Dessert**
- Vegan Pancake DE

Choose from either...

Served with

- Wednesday**
- M Roast Turkey and Gravy GDE
 - V Cheese & Tomato Quiche
 - JP Tuna & Sweetcorn with Mayo GD

- Roast Potatoes GDE
- Carrots
- Dessert**
- Fresh Fruit GDE / Yoghurt GE

Choose from either...

Served with

- Thursday**
- M Pork Meatballs & Tomato Sauce* DE
 - V Veggie Balls and Tomato Sauce DE
 - JP Baked Beans GDE

- Pasta DE
- Sweetcorn
- Dessert**
- Chocolate Muffin

Choose from either...

Served with

- Friday**
- M Fish Fingers DE
 - V Pizza Tart E
 - JP Chicken Korma GE

- Saute Potatoes GDE
- Garden Peas
- Dessert**
- Fruit Flapjack DE

WEEK TWO

Choose from either...

Served with

- Monday**
- M Pork Sausages* DE
 - V Vegan Sausages GDE
 - JP Cheese GE

- Oven Baked Chips GDE
- Mixed Veg
- Dessert**
- Gingerbread Man E

Choose from either...

Served with

- Tuesday**
- M Meatfree Bolognaise GDE
 - V Cheese Sauce E
 - JP Baked Beans GDE

- Pasta DE
- Sweetcorn
- Dessert**
- Raspberry Ripple Mousse GE

Choose from either...

Served with

- Wednesday**
- M Chicken Korma GE
 - V Lentil Dahl GDE
 - JP Cheese GE

- Naan Bread DE
- Garden Peas
- Dessert**
- Blueberry Muffin

Choose from either...

Served with

- Thursday**
- M Roast Ham and Gravy* GDE
 - V Roast Quorn and Gravy GD
 - JP Tuna & Sweetcorn with Mayo GD

- Roast Potatoes GDE
- Broccoli
- Dessert**
- Fresh Fruit GDE / Yoghurt GE

Choose from either...

Served with

- Friday**
- M Bubble Coated Fish GDE
 - V Quorn Dippers
 - JP Mild Beef Chilli GDE

- Crispy Diced Potatoes GDE
- Baked Beans
- Dessert**
- Cake Slice GD

WEEK THREE

Choose from either...

Served with

- Monday**
- M Beef Burger DE
 - V Veggie Burger DE
 - JP Baked Beans GDE

- Potato Bites GDE
- Garden Peas
- Dessert**
- Mini Apple & Raspberry Doughnut DE

Choose from either...

Served with

- Tuesday**
- M Chicken & Bacon Sauce* DE
 - V Herby Tomato Sauce DE
 - JP Tuna & Sweetcorn with Mayo GD

- Pasta DE
- Garden Peas
- Dessert**
- Vanilla & Strawberry Mousse GE

Choose from either...

Served with

- Wednesday**
- M Roast Chicken & Gravy GDE
 - V Vegetable & Cheese Bake E
 - JP Vegan Chilli GDE

- Roast Potatoes GDE
- Carrots
- Dessert**
- Fresh Fruit GDE / Yoghurt GE

Choose from either...

Served with

- Thursday**
- M Beef Lasagne E
 - V Veggie Lasagne E
 - JP Baked Beans GDE

- Garlic Bread E
- Sweetcorn
- Dessert**
- Mini-biscuit pack E

Choose from either...

Served with

- Friday**
- M Bubble Coated Salmon GDE
 - V Veggie Nuggets DE
 - JP Cheese GE

- Saute Potatoes GDE
- Baked Beans
- Dessert**
- Lemon Traycake

Check the
Schedule

- M - Main
- V - Vegetarian
- JP - Jacket Potato

SEPTEMBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

OCTOBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

NOVEMBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

DECEMBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	



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- D - Dairy Free
- G - Gluten Free
- E - Egg Free
- * - Contains Pork
- All meals are served with vegetables

Please note. We work from a nut free premises but some purchased items may contain traces of nuts

Allergies and Free-From Meals

On our menu, after each meal are some, or one, or no letters - either D, G or E. These refer to allergies that affect some children.

- D** - Signifies that a meal is Dairy Free
- G** - Signifies that a meal is Gluten Free
- E** - Signifies that a meal is Egg Free

We have made sure that every day we have at least one option which is Dairy Free, one which is Gluten Free and one that is Egg Free.
All our meals are Nut Free.

If your child has any of these special dietary requirements, please be sure to tick the box for the meal that suits your child each day.

Our seasonal menu is written using the School Food Plan guidelines and includes a variety of different protein sources, oily fish, two 50% fruit-based desserts a week and a meat-free day...

Check the
Schedule
overleaf

IT'S RAINING CHICKEN NUGGETS!

October
7th

Choose from

M Chicken Nuggets **DE**

Or

V Vegan Nuggets **DE**

Or

JP Tuna & Sweetcorn Mayo **GD**

Dessert

Custard Doughnut **DE**